

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Blom Dieter

Coaches: De Waele Lente

Coaches: Sys Justine HEADCOACH

Coaches: Van Breusegem Mathias

Coaches: De Noble Chloë

Coaches: De Noble Naomi

Coaches: Wielandt Pieter

Coaches: Van Heghe Margot

Coaches: De Wilde Maaïke

Coaches: Huberty Maren

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:1, starttime: 14:30	
Heat: 1/5 Lane : 5 Athlete: NEIRINCK ANNELIES							Q-time: 99:99:99	
PB (50m pool): 05:44.72 Gent (Rozebroeken) 03/03/2024							PB (25m pool): 05:15.66 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:44.72
	no time							
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:2, starttime: 14:35	
Heat: 2/5 Lane : 0 Athlete: VAN BRABANDT MILA							Q-time: 05:43:55	
PB (50m pool): 05:43.55 Aalst 11/05/2025							PB (25m pool): 05:30.09 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:38.00	01:20.59	02:04.13	02:48.66	03:33.66	04:17.43	05:02.20	05:43.55
	00:38.00	00:42.59	00:43.54	00:44.53	00:45.00	00:43.77	00:44.77	00:41.35
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:2, starttime: 14:35	
Heat: 2/5 Lane : 6 Athlete: HANSELAER ARIANE							Q-time: 05:19:76	
PB (50m pool): 06:19.99 Gent 13/03/2022							PB (25m pool): 05:08.03 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	06:19.99
	no time							
								

Coach feedback:

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Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:2, starttime: 14:35	
Heat: 2/5 Lane : 8 Athlete: CANTRé EMILIE							Q-time: 05:38:04	
PB (50m pool): 05:38.04 WACHTEBEKE 19/01/2025				PB (25m pool): 05:19.69SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:16.83	no time	02:43.04	no time	no time	no time	05:38.04
	no time							
								

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:3, starttime: 15:05
Heat: 3/12 Lane : 7 Athlete: GERRITSEN BRUNO				Q-time: 02:40:11	
PB (50m pool): 02:40.11 Antwerpen 13/07/2025			PB (25m pool): 02:34.73 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.46	01:18.03	02:00.79	02:40.11	
	00:36.46	00:41.57	00:42.76	00:39.32	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:3, starttime: 15:05
Heat: 3/12 Lane : 8 Athlete: STEVENS GERBEN				Q-time: 02:41:87	
PB (50m pool): 02:41.87 Antwerpen 13/07/2025			PB (25m pool): 02:47.99SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.18	01:18.32	02:00.84	02:41.87	
	00:36.18	00:42.14	00:42.52	00:41.03	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:3, starttime: 15:05
Heat: 3/12 Lane : 9 Athlete: CASTEUR NICOLAS				Q-time: 02:44:91	
PB (50m pool): 02:44.91 Antwerpen 13/07/2025			PB (25m pool): 02:25.49 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.17	01:19.19	02:03.59	02:44.91	
	00:36.17	00:43.02	00:44.40	00:41.32	
					

Coach feedback:

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Event number: 31: 200M FREESTYLE MEN 13+					Heat:4, starttime: 15:10
Heat: 4/12 Lane : 4 Athlete: UVYN MAXIM					Q-time: 02:29:95
PB (50m pool): 02:29.95 Antwerpen 13/07/2025					PB (25m pool): 02:22.98 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.70	01:13.57	01:53.25	02:29.95	
	00:34.70	00:38.87	00:39.68	00:36.70	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:4, starttime: 15:10
Heat: 4/12 Lane : 8 Athlete: HOSTE LARS					Q-time: 02:32:37
PB (50m pool): 02:32.37 Antwerpen 13/07/2025					PB (25m pool): 02:20.22 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.39	01:13.59	01:53.63	02:32.37	
	00:34.39	00:39.20	00:40.04	00:38.74	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:6, starttime: 15:15
Heat: 6/12 Lane : 4 Athlete: STEVENS JAAN					Q-time: 02:19:97
PB (50m pool): 02:19.97 Antwerpen 13/07/2025					PB (25m pool): 02:09.93 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.75	01:07.34	01:44.92	02:19.97	
	00:31.75	00:35.59	00:37.58	00:35.05	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:7, starttime: 15:20
Heat: 7/12 Lane : 0 Athlete: BEERNAERT DAAN					Q-time: 02:18:93
PB (50m pool): 02:18.93 Antwerpen 13/07/2025					PB (25m pool): 02:09.49 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.63	01:07.49	01:42.71	02:18.93	
	00:31.63	00:35.86	00:35.22	00:36.22	
					

Coach feedback:

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Event number: 31: 200M FREESTYLE MEN 13+					Heat:7, starttime: 15:20
Heat: 7/12 Lane : 1 Athlete: LIEVENS TIEBE					Q-time: 02:17:86
PB (50m pool): 02:17.86 Olympic Pool Wezenberg, Antwer 30/07/2025 PB (25m pool): 02:07.83 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.15	01:05.89	01:42.29	02:17.86	
	00:31.15	00:34.74	00:36.40	00:35.57	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:8, starttime: 15:20
Heat: 8/12 Lane : 0 Athlete: DE CRAENE MATTHIS					Q-time: 02:14:39
PB (50m pool): 02:14.39 Olympic Pool Wezenberg, Antwer 30/07/2025 PB (25m pool): 02:08.06 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.22	01:06.61	01:41.57	02:14.39	
	00:31.22	00:35.39	00:34.96	00:32.82	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:8, starttime: 15:20
Heat: 8/12 Lane : 1 Athlete: DE BIE DAAN					Q-time: 02:14:13
PB (50m pool): 02:14.13 Antwerpen 20/07/2025 PB (25m pool): 02:10.05 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.26	01:05.15	01:39.89	02:14.13	
	00:30.26	00:34.89	00:34.74	00:34.24	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:9, starttime: 15:25
Heat: 9/12 Lane : 2 Athlete: VAN RAEMDONCK CAMU					Q-time: 02:09:86
PB (50m pool): 02:09.86 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:06.76 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.08	01:03.01	01:37.03	02:09.86	
	00:30.08	00:32.93	00:34.02	00:32.83	
					

Coach feedback:

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Event number: 31: 200M FREESTYLE MEN 13+					Heat:10, starttime: 15:25
Heat: 10/12 Lane : 3 Athlete: VAN TRICHT FINN					Q-time: 02:07:46
PB (50m pool): 02:07.46 Antwerpen 27/07/2025 PB (25m pool): 02:03.86 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.96	01:00.97	01:35.32	02:07.46	
	00:28.96	00:32.01	00:34.35	00:32.14	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:10, starttime: 15:25
Heat: 10/12 Lane : 9 Athlete: VANCAYZEELE THIBAU					Q-time: 02:08:82
PB (50m pool): 02:08.82 Antwerpen 13/07/2025 PB (25m pool): 02:05.83 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.39	01:03.71	01:37.02	02:08.82	
	00:30.39	00:33.32	00:33.31	00:31.80	
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 15:35
Heat: 2/9 Lane : 7 Athlete: GERRITSEN VESPER					Q-time: 99:99:99
PB (50m pool): 00:44.09 Antwerpen 14/07/2024 PB (25m pool): 00:43.58 SB: no time					
	5 0 M				
PB	00:44.09				
	00:44.09				
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 15:35
Heat: 3/9 Lane : 4 Athlete: DE BACKER SOPHIE					Q-time: 00:45:67
PB (50m pool): no time PB (25m pool): 00:45.67 SB: no time					
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 15:35
Heat: 3/9 Lane : 8 Athlete: VAN LOO CHARLOTTE		Q-time: 00:47:98
PB (50m pool): 00:49.65 Aalst 28/04/2024 PB (25m pool): 00:47.98 SB: no time		
	5 0 M	
PB	00:49.65	
	00:49.65	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:4, starttime: 15:40
Heat: 4/9 Lane : 1 Athlete: STORME IEME		Q-time: 00:45:27
PB (50m pool): no time PB (25m pool): 00:45.27 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:6, starttime: 15:40
Heat: 6/9 Lane : 0 Athlete: VAN GHELUE RINSKE		Q-time: 00:42:18
PB (50m pool): 00:41.96 Aalst 28/04/2024 PB (25m pool): 00:40.06 SB: no time		
	5 0 M	
PB	00:41.96	
	00:41.96	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:7, starttime: 15:40
Heat: 7/9 Lane : 7 Athlete: BEULENS LOTTE		Q-time: 00:40:04
PB (50m pool): 00:40.04 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:39.59 SB: no time		
	5 0 M	
PB	00:40.04	
	00:40.04	
		

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN 13+							Heat:8, starttime: 15:45	
Heat: 8/9 Lane : 4 Athlete: DE SMAELE KENZA							Q-time: 00:37:01	
PB (50m pool): 00:37.01 Antwerp 02/02/2025							PB (25m pool): 00:36.62 SB: no time	
	5 0 M							
PB	00:37.01							
	00:37.01							
								

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+				Heat:1, starttime: 15:45	
Heat: 1/7 Lane : 3 Athlete: MICHIELS RENAUD				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): 00:42.70 SB: no time	
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+					Heat:2, starttime: 15:45				
Heat: 2/7 Lane : 0 Athlete: VAN LOO MATHIAS					Q-time: 99:99:99				
PB (50m pool): no time					PB (25m pool): 00:44.77 SB: no time				
	5 0 M								
PB	no time								
	no time								
									

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+				Heat:2, starttime: 15:45	
Heat: 2/7 Lane : 5 Athlete: DE CRAENE THIBE				Q-time: 00:40:52	
PB (50m pool): no time				PB (25m pool): 00:40.52SB: no time	
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:4, starttime: 15:50
Heat: 4/7 Lane : 0 Athlete: MINNOYE TIEBE		Q-time: 00:37:03
PB (50m pool): 00:37.03 Antwerpen 13/07/2025 PB (25m pool): 00:34.77 SB: no time		
	5 0 M	
PB	00:37.03	
	00:37.03	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:4, starttime: 15:50
Heat: 4/7 Lane : 1 Athlete: HOSTE LARS		Q-time: 00:35:89
PB (50m pool): 00:42.76 Aalst 28/04/2024 PB (25m pool): 00:35.89 SB: no time		
	5 0 M	
PB	00:42.76	
	00:42.76	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:4, starttime: 15:50
Heat: 4/7 Lane : 5 Athlete: EL GHAZALI ADAM		Q-time: 00:34:81
PB (50m pool): 00:34.81 Antwerpen 20/04/2025 PB (25m pool): 00:33.35 SB: no time		
	5 0 M	
PB	00:34.81	
	00:34.81	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:5, starttime: 15:50
Heat: 5/7 Lane : 2 Athlete: DEJAEGERE MATHIJS		Q-time: 00:33:64
PB (50m pool): no time PB (25m pool): 00:33.64 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 33: 50M BACKSTROKE MEN 13+			Heat:6, starttime: 15:50
Heat: 6/7 Lane : 8 Athlete: DE SMAELE KEYON			Q-time: 00:32:23
PB (50m pool): 00:32.23 Olympic Pool Wezenberg, Antwer 30/03/2026 PB (25m pool): 00:29.54 SB: no time			
	5 0 M		
PB	00:32.23		
	00:32.23		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:2, starttime: 15:55
Heat: 2/14 Lane : 2 Athlete: HAMID ROYAH			Q-time: 00:46:41
PB (50m pool): no time PB (25m pool): 00:46.41 SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:2, starttime: 15:55
Heat: 2/14 Lane : 5 Athlete: BEKAERT SOPHIA			Q-time: 00:43:67
PB (50m pool): no time PB (25m pool): 00:43.67 SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:3, starttime: 15:55
Heat: 3/14 Lane : 0 Athlete: GALMART HAYLEY			Q-time: 00:43:13
PB (50m pool): no time PB (25m pool): 00:43.13 SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:3, starttime: 15:55
Heat: 3/14 Lane : 1 Athlete: VAN LOO HANNAH			Q-time: 00:42:00
PB (50m pool): 00:42.00 Aalst 11/05/2025			PB (25m pool): 00:40.96 SB: no time
	5 0 M		
PB	00:42.00		
	00:42.00		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:3, starttime: 15:55
Heat: 3/14 Lane : 4 Athlete: DE GRIEVE ONA			Q-time: 00:40:88
PB (50m pool): 00:39.41 Aalst 28/04/2024			PB (25m pool): 00:39.31 SB: no time
	5 0 M		
PB	00:39.41		
	00:39.41		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:3, starttime: 15:55
Heat: 3/14 Lane : 5 Athlete: DAEM HANNELISE			Q-time: 00:40:92
PB (50m pool): 00:40.92 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:39.05 SB: no time
	5 0 M		
PB	00:40.92		
	00:40.92		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:3, starttime: 15:55
Heat: 3/14 Lane : 8 Athlete: DE BACKER SOPHIE			Q-time: 00:42:50
PB (50m pool): 00:42.50 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:41.86 SB: no time
	5 0 M		
PB	00:42.50		
	00:42.50		
			

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:3, starttime: 15:55
Heat: 3/14 Lane : 9 Athlete: RUTTEN LEONIE		Q-time: 00:43:56
PB (50m pool): 00:52.97 Antwerp 04/02/2024		PB (25m pool): 00:43.56 SB: no time
	5 0 M	
PB	00:52.97	
	00:52.97	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:5, starttime: 16:00
Heat: 5/14 Lane : 0 Athlete: VANCAYZEELE MARGAUX		Q-time: 00:38:84
PB (50m pool): 00:48.96 Antwerp 04/02/2024		PB (25m pool): 00:38.84 SB: no time
	5 0 M	
PB	00:48.96	
	00:48.96	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:5, starttime: 16:00
Heat: 5/14 Lane : 6 Athlete: VAN GHELUE RINSKE		Q-time: 00:38:05
PB (50m pool): 00:42.11 Aalst 30/04/2023		PB (25m pool): 00:38.05 SB: no time
	5 0 M	
PB	00:42.11	
	00:42.11	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:5, starttime: 16:00
Heat: 5/14 Lane : 7 Athlete: VERBERT KAAT		Q-time: 00:38:27
PB (50m pool): no time		PB (25m pool): 00:38.27 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:5, starttime: 16:00
Heat: 5/14 Lane : 8 Athlete: DEGRANDE AN			Q-time: 00:38:51
PB (50m pool): 00:38.51 Olympic Pool Wezenberg, Antwer 30/05/2025 PB (25m pool): 00:36.06 SB: no time			
	5 0 M		
PB	00:38.51		
	00:38.51		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:6, starttime: 16:00
Heat: 6/14 Lane : 0 Athlete: DE WEVER LAURA			Q-time: 00:37:65
PB (50m pool): no time PB (25m pool): 00:37.65 SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:6, starttime: 16:00
Heat: 6/14 Lane : 5 Athlete: DE ROYE YELENA			Q-time: 00:36:67
PB (50m pool): 00:36.67 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:49.29 SB: no time			
	5 0 M		
PB	00:36.67		
	00:36.67		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:6, starttime: 16:00
Heat: 6/14 Lane : 6 Athlete: STORME IEME			Q-time: 00:36:82
PB (50m pool): 00:36.82 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.12 SB: no time			
	5 0 M		
PB	00:36.82		
	00:36.82		
			

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:7, starttime: 16:00
Heat: 7/14 Lane : 8 Athlete: CANTRé EMILIE		Q-time: 00:36:51
PB (50m pool): 00:36.51 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.08 SB: no time		
	5 0 M	
PB	00:36.51	
	00:36.51	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:7, starttime: 16:00
Heat: 7/14 Lane : 9 Athlete: VAN LOO CHARLOTTE		Q-time: 00:36:54
PB (50m pool): 00:36.54 Antwerpen 13/07/2025 PB (25m pool): 00:36.10 SB: no time		
	5 0 M	
PB	00:36.54	
	00:36.54	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:8, starttime: 16:00
Heat: 8/14 Lane : 5 Athlete: MINNOYE YAANA		Q-time: 00:34:34
PB (50m pool): 00:35.37 Antwerpen 14/07/2024 PB (25m pool): 00:34.34 SB: no time		
	5 0 M	
PB	00:35.37	
	00:35.37	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:9, starttime: 16:05
Heat: 9/14 Lane : 1 Athlete: HANSELAER ARIANE		Q-time: 00:34:05
PB (50m pool): 00:33.83 Aalst 28/04/2024 PB (25m pool): 00:32.98 SB: no time		
	5 0 M	
PB	00:33.83	
	00:33.83	
		

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:9, starttime: 16:05
Heat: 9/14 Lane : 2 Athlete: BOGAERT HANNE			Q-time: 00:33:93
PB (50m pool): 00:33.93 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:33.92 SB: no time			
	5 0 M		
PB	00:33.93		
	00:33.93		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:9, starttime: 16:05
Heat: 9/14 Lane : 6 Athlete: BEULENS LOTTE			Q-time: 00:33:81
PB (50m pool): 00:53.32 Antwerp 04/02/2024 PB (25m pool): 00:33.81 SB: no time			
	5 0 M		
PB	00:53.32		
	00:53.32		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:9, starttime: 16:05
Heat: 9/14 Lane : 7 Athlete: NEIRINCK ANNELIES			Q-time: 00:34:03
PB (50m pool): 00:34.03 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 00:33.87 SB: no time			
	5 0 M		
PB	00:34.03		
	00:34.03		
			

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+			Heat:10, starttime: 16:05
Heat: 10/14 Lane : 3 Athlete: VAN BRABANDT MILA			Q-time: 00:33:07
PB (50m pool): 00:33.07 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 00:33.04 SB: no time			
	5 0 M		
PB	00:33.07		
	00:33.07		
			

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+							Heat:1, starttime: 16:10		
Heat: 1/12 Lane : 4 Athlete: DE CRAENE NATHEN							Q-time: 99:99:99		
PB (50m pool): 00:41.16 LOCHRISTI 25/01/2026							PB (25m pool): no time SB: 00:41.16 LOCHRISTI 25/01/2026		
	5 0 M								
PB	00:41.16								
	00:41.16								
									

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+				Heat:2, starttime: 16:10	
Heat: 2/12 Lane : 4 Athlete: MARGUTTI MAURO				Q-time: 00:34:61	
PB (50m pool): no time				PB (25m pool): 00:34.61 SB: no time	
	5 0 M				
PB	no time				
	<i>no time</i>				
					

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+				Heat:3, starttime: 16:10	
Heat: 3/12 Lane : 4 Athlete: DE CRAENE THIBE				Q-time: 00:32:67	
PB (50m pool): no time				PB (25m pool): 00:32.67 SB: no time	
	5 0 M				
PB	no time				
	<i>no time</i>				
					

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:3, starttime: 16:10	
Heat: 3/12 Lane : 6 Athlete: DE CHAMPS LOïc						Q-time: 00:33:49		
PB (50m pool): 00:31.01 LOCHRISTI 25/01/2026				PB (25m pool): 00:30.88SB: 00:31.01 LOCHRISTI 25/01/2026				
	5 0 M							
PB	00:31.01							
	00:31.01							
								

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+		Heat:3, starttime: 16:10
Heat: 3/12 Lane : 8 Athlete: STEVENS GERBEN		Q-time: 00:34:20
PB (50m pool): 00:34.20 Aalst 11/05/2025		PB (25m pool): 00:32.78 SB: no time
	5 0 M	
PB	00:34.20	
	00:34.20	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:4, starttime: 16:15
Heat: 4/12 Lane : 5 Athlete: HOSTE LARS		Q-time: 00:31:90
PB (50m pool): 00:30.23 LOCHRISTI 25/01/2026		PB (25m pool): 00:30.45 SB: 00:30.23 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:30.23	
	00:30.23	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:4, starttime: 16:15
Heat: 4/12 Lane : 8 Athlete: CASTEUR NICOLAS		Q-time: 00:32:65
PB (50m pool): 00:29.25 LOCHRISTI 25/01/2026		PB (25m pool): 00:29.26 SB: 00:29.25 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:29.25	
	00:29.25	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:4, starttime: 16:15
Heat: 4/12 Lane : 9 Athlete: VAN LOO MATHIAS		Q-time: 00:32:66
PB (50m pool): 00:30.74 LOCHRISTI 25/01/2026		PB (25m pool): 00:31.29 SB: 00:30.74 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:30.74	
	00:30.74	
		

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+		Heat:5, starttime: 16:15
Heat: 5/12 Lane : 6 Athlete: GERRITSEN BRUNO		Q-time: 00:30:52
PB (50m pool): 00:30.52 Antwerpen 13/07/2025		PB (25m pool): 00:30.90 SB: no time
	5 0 M	
PB	00:30.52	
	00:30.52	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:6, starttime: 16:15
Heat: 6/12 Lane : 1 Athlete: STEVENS JAAN		Q-time: 00:29:75
PB (50m pool): 00:28.83 LOCHRISTI 25/01/2026		PB (25m pool): 00:28.77 SB: 00:28.83 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:28.83	
	00:28.83	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:6, starttime: 16:15
Heat: 6/12 Lane : 2 Athlete: VANNIEUWENHUYSE LOïC		Q-time: 00:29:51
PB (50m pool): 00:29.25 LOCHRISTI 25/01/2026		PB (25m pool): 00:29.12 SB: 00:29.25 LOCHRISTI 25/01/2026
	5 0 M	
PB	00:29.25	
	00:29.25	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:6, starttime: 16:15
Heat: 6/12 Lane : 4 Athlete: DEJAEGHERE MATHIJS		Q-time: 00:28:99
PB (50m pool): 00:28.99 WACHTEBEKE 19/01/2025		PB (25m pool): 00:28.37 SB: no time
	5 0 M	
PB	00:28.99	
	00:28.99	
		

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+			Heat:6, starttime: 16:15
Heat: 6/12 Lane : 5 Athlete: DE BIE DAAN			Q-time: 00:29:13
PB (50m pool): 00:29.13 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:28.92 SB: no time			
	5 0 M		
PB	00:29.13		
	00:29.13		
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:7, starttime: 16:15
Heat: 7/12 Lane : 3 Athlete: LIEVENS TIEBE			Q-time: 00:28:33
PB (50m pool): 00:28.33 Olympic Pool Wezenberg, Antwer 30/07/2025 PB (25m pool): 00:27.21 SB: no time			
	5 0 M		
PB	00:28.33		
	00:28.33		
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:7, starttime: 16:15
Heat: 7/12 Lane : 9 Athlete: BEERNAERT DAAN			Q-time: 00:28:78
PB (50m pool): 00:28.78 Antwerpen 13/07/2025 PB (25m pool): 00:27.33 SB: no time			
	5 0 M		
PB	00:28.78		
	00:28.78		
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:8, starttime: 16:15
Heat: 8/12 Lane : 2 Athlete: DE CRAENE MATTHIS			Q-time: 00:27:99
PB (50m pool): 00:27.99 Antwerpen 20/04/2025 PB (25m pool): 00:28.33 SB: no time			
	5 0 M		
PB	00:27.99		
	00:27.99		
			

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+		Heat:8, starttime: 16:15
Heat: 8/12 Lane : 3 Athlete: DEGRANDE LARS		Q-time: 00:27:91
PB (50m pool): 00:27.91 Olympic Pool Wezenberg, Antwer 30/07/2024 PB (25m pool): 00:27.24 SB: no time		
	5 0 M	
PB	00:27.91	
	00:27.91	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:11, starttime: 16:20
Heat: 11/12 Lane : 0 Athlete: TIMMERMANS JULES		Q-time: 00:26:48
PB (50m pool): 00:25.89 Antwerpen 28/07/2024 PB (25m pool): 00:25.73 SB: no time		
	5 0 M	
PB	00:25.89	
	00:25.89	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:11, starttime: 16:20
Heat: 11/12 Lane : 7 Athlete: VANCAYZEELE THIBAU		Q-time: 00:26:39
PB (50m pool): 00:26.39 Antwerpen 13/07/2025 PB (25m pool): 00:26.13 SB: no time		
	5 0 M	
PB	00:26.39	
	00:26.39	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:12, starttime: 16:20
Heat: 12/12 Lane : 0 Athlete: VAN TRICHT FINN		Q-time: 00:26:10
PB (50m pool): 00:28.11 Zwembad Brigitte Becue Oostend 10/07/2025 PB (25m pool): 00:26.10 SB: no time		
	5 0 M	
PB	00:28.11	
	00:28.11	
		

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 36: 200M BUTTERFLY WOMEN 13+					Heat:1, starttime: 16:20
Heat: 1/1 Lane : 7 Athlete: VAN LOO HANNAH					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:1, starttime: 16:25
Heat: 1/6 Lane : 2 Athlete: MICHIELS RENAUD					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:51.61 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:2, starttime: 16:30
Heat: 2/6 Lane : 1 Athlete: DE CRAENE THIBE					Q-time: 03:10:97
PB (50m pool): 03:10.97 Antwerpen 13/07/2025 PB (25m pool): 03:03.76 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.10	01:31.24	02:28.42	03:10.97	
	00:42.10	00:49.14	00:57.18	00:42.55	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:2, starttime: 16:30
Heat: 2/6 Lane : 2 Athlete: EL GHAZALI ADAM					Q-time: 03:02:21
PB (50m pool): 03:02.21 Aalst 11/05/2025 PB (25m pool): 02:44.14 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.83	01:20.58	02:18.22	03:02.21	
	00:36.83	00:43.75	00:57.64	00:43.99	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 37: 200M MEDLEY MEN 15+					Heat:2, starttime: 16:30
Heat: 2/6 Lane : 8 Athlete: MARGUTTI MAURO					Q-time: 03:34:33
PB (50m pool): no time PB (25m pool): 03:34.33 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:4, starttime: 16:35
Heat: 4/6 Lane : 7 Athlete: STEVENS JAAN					Q-time: 02:35:58
PB (50m pool): no time PB (25m pool): 02:35.58 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:4, starttime: 16:35
Heat: 4/6 Lane : 8 Athlete: BEERNAERT DAAN					Q-time: 02:36:51
PB (50m pool): 02:36.51 Antwerpen 13/07/2025 PB (25m pool): 02:28.79 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.48	01:13.08	02:00.65	02:36.51	
	00:33.48	00:39.60	00:47.57	00:35.86	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:5, starttime: 16:40
Heat: 5/6 Lane : 0 Athlete: SLOS ROBBIE					Q-time: 02:31:02
PB (50m pool): 02:31.02 Antwerpen 13/07/2025 PB (25m pool): 02:23.71 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.26	no time	01:54.64	02:31.02	
	00:32.26			00:36.38	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 37: 200M MEDLEY MEN 15+					Heat:6, starttime: 16:40
Heat: 6/6 Lane : 2 Athlete: VERHEYDEN VINZ					Q-time: 02:20:66
PB (50m pool): 02:20.66 Antwerpen 27/07/2025					PB (25m pool): 02:20.14 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.04	01:07.02	01:47.34	02:20.66	
	00:30.04	00:36.98	00:40.32	00:33.32	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:6, starttime: 16:40
Heat: 6/6 Lane : 7 Athlete: DE SMAELE KEYON					Q-time: 02:22:19
PB (50m pool): 02:22.19 Antwerpen 27/07/2025					PB (25m pool): 02:16.81 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.74	01:09.67	01:48.37	02:22.19	
	00:29.74	00:39.93	00:38.70	00:33.82	
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN 17+				Heat:1, starttime: 16:45
Heat: 1/4 Lane : 4 Athlete: VAN LOO CHARLOTTE				Q-time: 01:15:76
PB (50m pool): 01:14.55 Antwerp 04/02/2024				PB (25m pool): 01:10.48 SB: no time
	5 0 M	1 0 0 M		
PB	no time	01:14.55		
	no time			
				

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN 17+				Heat:2, starttime: 16:45
Heat: 2/4 Lane : 0 Athlete: MINNOYE YAANA				Q-time: 01:10:18
PB (50m pool): 01:08.39 Antwerpen 14/07/2024				PB (25m pool): 01:08.52 SB: no time
	5 0 M	1 0 0 M		
PB	no time	01:08.39		
	no time			
				

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 39: 100M BREASTSTROKE MEN 17+				Heat:2, starttime: 16:55	
Heat: 2/3 Lane : 0 Athlete: DEGRANDE LARS				Q-time: 01:19:23	
PB (50m pool): 01:19.23 Antwerp 02/02/2025				PB (25m pool): 01:14.30 SB: no time	
	5 0 M	1 0 0 M			
PB	00:36.72	01:19.23			
	00:36.72	00:42.51			
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE MEN 17+				Heat:2, starttime: 16:55	
Heat: 2/3 Lane : 7 Athlete: VAN RAEMDONCK CAMU				Q-time: 01:18:48	
PB (50m pool): 01:18.48 Zwembad Brigitte Becue 30/05/2025				PB (25m pool): 01:12.89 SB: no time	
	5 0 M	1 0 0 M			
PB	00:36.60	01:18.48			
	00:36.60	00:41.88			
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE MEN 17+				Heat:2, starttime: 16:55	
Heat: 2/3 Lane : 9 Athlete: TIMMERMANS JULES				Q-time: 01:20:09	
PB (50m pool): 01:17.89 Antwerp 04/02/2024				PB (25m pool): 01:15.31 SB: no time	
	5 0 M	1 0 0 M			
PB	no time	01:17.89			
	no time				
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+				Heat:1, starttime: 16:55	
Heat: 1/7 Lane : 3 Athlete: DE ROYE YELENA				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 17:00
Heat: 2/7 Lane : 1 Athlete: HAMID ROYAH					Q-time: 03:50:79
PB (50m pool): 03:50.79 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.70	01:51.91	02:52.59	03:50.79	
	00:52.70	00:59.21	01:00.68	00:58.20	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 17:00
Heat: 2/7 Lane : 2 Athlete: BEKAERT SOPHIA					Q-time: 03:49:46
PB (50m pool): 03:43.32 Antwerpen 14/07/2024 PB (25m pool): 03:44.64 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:43.32	
	no time				
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 17:00
Heat: 2/7 Lane : 3 Athlete: DAEM HANNELISE					Q-time: 03:45:44
PB (50m pool): 03:45.44 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:26.45 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.53	01:50.00	02:48.06	03:45.44	
	00:52.53	00:57.47	00:58.06	00:57.38	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 17:00
Heat: 2/7 Lane : 4 Athlete: NGABO ANNABELLE					Q-time: 03:44:64
PB (50m pool): 03:44.64 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:40.65 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.43	01:51.60	02:48.78	03:44.64	
	00:52.43	00:59.17	00:57.18	00:55.86	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 17:00
Heat: 2/7 Lane : 6 Athlete: DEPESTELE GITTE					Q-time: 03:49:15
PB (50m pool): 03:49.15 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:51.20 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:49.18	01:48.26	02:49.33	03:49.15	
	00:49.18	00:59.08	01:01.07	00:59.82	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 17:05
Heat: 3/7 Lane : 0 Athlete: GALMART HAYLEY					Q-time: 03:40:92
PB (50m pool): 03:40.92 Antwerpen 13/07/2025 PB (25m pool): 03:28.62 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:51.69	01:48.93	02:45.45	03:40.92	
	00:51.69	00:57.24	00:56.52	00:55.47	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 17:05
Heat: 3/7 Lane : 4 Athlete: BOGAERT HANNE					Q-time: 03:28:33
PB (50m pool): 03:28.33 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:32.38 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.42	01:43.49	02:38.06	03:28.33	
	00:48.42	00:55.07	00:54.57	00:50.27	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 17:05
Heat: 3/7 Lane : 6 Athlete: DE GRIEVE ONA					Q-time: 03:29:19
PB (50m pool): 03:12.95 Antwerpen 14/07/2024 PB (25m pool): 03:12.41 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:12.95	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 17:05
Heat: 3/7 Lane : 7 Athlete: RUTTEN LEONIE					Q-time: 03:32:49
PB (50m pool): 03:32.49 Antwerpen 13/07/2025					PB (25m pool): 03:29.53 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.89	01:43.28	02:38.14	03:32.49	
	00:48.89	00:54.39	00:54.86	00:54.35	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 17:10
Heat: 4/7 Lane : 1 Athlete: DE WEVER LAURA					Q-time: 03:23:72
PB (50m pool): 03:23.72 Antwerpen 13/07/2025					PB (25m pool): 03:24.11 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.94	01:39.34	02:31.82	03:23.72	
	00:46.94	00:52.40	00:52.48	00:51.90	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 17:10
Heat: 4/7 Lane : 4 Athlete: VAN GHELUE RINSKE					Q-time: 03:19:27
PB (50m pool): 03:13.04 Antwerpen 14/07/2024					PB (25m pool): 03:03.35 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:13.04	
	no time				
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 17:10
Heat: 4/7 Lane : 5 Athlete: VERBERT KAAT					Q-time: 03:19:39
PB (50m pool): no time					PB (25m pool): 03:19.39 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 17:10
Heat: 4/7 Lane : 9 Athlete: VANCAYZEELE MARGAUX					Q-time: 03:26:97
PB (50m pool): 03:26.97 Antwerpen 13/07/2025 PB (25m pool): 03:11.52 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.30	01:40.27	02:33.84	03:26.97	
	00:47.30	00:52.97	00:53.57	00:53.13	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:5, starttime: 17:15
Heat: 5/7 Lane : 5 Athlete: DE SMAELE KENZA					Q-time: 03:04:38
PB (50m pool): 03:04.38 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:57.47 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.95	01:29.29	02:17.96	03:04.38	
	00:41.95	00:47.34	00:48.67	00:46.42	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:5, starttime: 17:15
Heat: 5/7 Lane : 9 Athlete: DEGRANDE AN					Q-time: 03:16:49
PB (50m pool): 03:33.22 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 03:15.04 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:33.22	
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 17:35
Heat: 3/7 Lane : 2 Athlete: DE CHAMPS LOÏC					Q-time: 03:01:84
PB (50m pool): 03:01.84 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:19.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.83	01:28.39	02:15.53	03:01.84	
	00:41.83	00:46.56	00:47.14	00:46.31	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 17:35
Heat: 3/7 Lane : 4 Athlete: MINNOYE TIEBE					Q-time: 02:58:86
PB (50m pool): 02:56.69 Antwerpen 14/07/2024					PB (25m pool): 02:52.93 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:56.69	
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 17:35
Heat: 4/7 Lane : 0 Athlete: VAN LOO MATHIAS					Q-time: 02:57:91
PB (50m pool): 02:57.91 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:52.97 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.53	01:26.95	02:12.87	02:57.91	
	00:41.53	00:45.42	00:45.92	00:45.04	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 17:35
Heat: 4/7 Lane : 3 Athlete: UVYN MAXIM					Q-time: 02:49:84
PB (50m pool): 02:49.84 Antwerpen 13/07/2025					PB (25m pool): 02:40.19 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.95	01:24.74	02:08.04	02:49.84	
	00:39.95	00:44.79	00:43.30	00:41.80	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:5, starttime: 17:40
Heat: 5/7 Lane : 1 Athlete: HOSTE LARS					Q-time: 02:44:64
PB (50m pool): 02:44.64 Antwerpen 13/07/2025					PB (25m pool): 02:33.98 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.52	01:21.15	02:03.30	02:44.64	
	00:39.52	00:41.63	00:42.15	00:41.34	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:5, starttime: 17:40
Heat: 5/7 Lane : 2 Athlete: VANNIEUWENHUYSE LOïc					Q-time: 02:42:98
PB (50m pool): 02:42.98 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:36.87 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.37	01:19.77	02:02.36	02:42.98	
	00:38.37	00:41.40	00:42.59	00:40.62	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:6, starttime: 17:45
Heat: 6/7 Lane : 3 Athlete: BEERNAERT DAAN					Q-time: 02:29:78
PB (50m pool): 02:29.78 Aalst 20/12/2025 PB (25m pool): 02:21.37 SB: 02:29.78 Aalst 20/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.14	01:12.83	01:51.55	02:29.78	
	00:35.14	00:37.69	00:38.72	00:38.23	
					

Coach feedback:

Event number: 42: 100M BACKSTROKE WOMEN 17+				Heat:1, starttime: 17:50
Heat: 1/2 Lane : 1 Athlete: GERRITSEN VESPER				Q-time: 01:31:18
PB (50m pool): 01:31.18 Antwerpen 13/07/2025 PB (25m pool): 01:28.37 SB: no time				
	5 0 M	1 0 0 M		
PB	00:44.28	01:31.18		
	00:44.28	00:46.90		
				

Coach feedback:

Event number: 43: 100M BUTTERFLY MEN 17+				Heat:1, starttime: 17:55
Heat: 1/3 Lane : 3 Athlete: DEJAEGERE MATHIJS				Q-time: 01:16:18
PB (50m pool): 01:16.18 Aalst 11/05/2025 PB (25m pool): 01:14.67 SB: no time				
	5 0 M	1 0 0 M		
PB	00:34.78	01:16.18		
	00:34.78	00:41.40		
				

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 43: 100M BUTTERFLY MEN 17+			Heat:1, starttime: 17:55
Heat: 1/3 Lane : 4 Athlete: STEVENS JAAN			Q-time: 01:12:41
PB (50m pool): no time			PB (25m pool): 01:12.41 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 43: 100M BUTTERFLY MEN 17+			Heat:2, starttime: 17:55
Heat: 2/3 Lane : 2 Athlete: VERHEYDEN VINZ			Q-time: 01:07:00
PB (50m pool): 01:07.00 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:02.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.68	01:07.00	
	00:30.68	00:36.32	
			

Coach feedback:

Event number: 43: 100M BUTTERFLY MEN 17+			Heat:2, starttime: 17:55
Heat: 2/3 Lane : 8 Athlete: SLOS ROBBIE			Q-time: 01:11:55
PB (50m pool): 01:09.78 Antwerpen 14/07/2024			PB (25m pool): 01:07.94 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:09.78	
	no time		
			

Coach feedback: